

## **Publisher's Note**

Sue Lantz brings so much to her first solo book. In addition to her obvious professional expertise, Sue's passion and remarkable attention to detail jumps off every page. It is evident, and fortunate for the reader, that Sue has done the research and legwork to support everything she serves up in *Options Open*, so one can be confident in taking her thoughtful guidance.

As Sue shares, investing time and energy now to explore your options expands your choices later. She packs extensive information into digestible pieces in terms of how to address a wide variety of individual circumstances, which helps to lessen the overwhelm many people can feel as they approach their senior years.

Forward-thinking business owners and organizations, who recognize that 60 is the new 50 and 70 is the new 60, will hire Sue to empower their valued and trusted employees who may be caregivers themselves, or planning ahead for their own retirement after many years of devoted company time.

*Options Open - The Guide for Mapping Your Best Aging Journey* provides aging boomers with a practical framework to lead, plan, and organize cost-effective housing and healthcare solutions in collaboration with others. How awesome is that? A flexible and creative road map for aging on one's own terms—in the right places with optimal supports.

I truly value the care and commitment Sue has put into this timely publication, especially when embraced by readers, it has the potential to change the trajectory of their life and those around them.

All the best, Sue!

**Sheri Andrunyk**

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