

Publisher's Note

Our Lingering Farewell is a story deeply rooted in selfless devotion and the best of humanity. I am often humbled by the work we do at I C Publishing and that could not be truer partnering with a wise, experienced, and thoughtful individual such as Dr. Allan Carswell.

Bringing Helen Carswell's twenty-year journey with Alzheimer's disease to the pages of this poignant narrative has been an honour. Allan had three noble goals to achieve: acknowledge Helen's beautiful, vibrant spirit and generosity throughout her *entire* lifetime, encourage others on this challenging path, and continue to raise awareness and actively support the Toronto Memory Program and Alzheimer's Societies of Toronto and York Region.

The Carswell story and legacy which endures through the Carswell Family Foundation has moved me greatly. Like other diseases for which we've yet to find a cure, Alzheimer's shows no exception or mercy to anyone. Even in the most difficult of days and circumstances the Carswell's remained as positive as possible and committed to each other and their family, living life to the fullest and helping others—an example we should all aspire to follow.

Dr. Allan Carswell wrote *Our Lingering Farewell* with such honesty, grace, and compassion.

Working with him has been a tremendous delight.

In gratitude,

Sheri Andrunyk

Publisher, Senior Writer, Author, Mentor
Insightful Communications (I C) Publishing
Committed to Quality Content, Design, and Platform
ICPublishing.ca / ICBookstore.ca